Flint Operating Instructions

The Flint F01 is designed as a good quality, comfortable operator chair. It offers an adjustable back rake mechanism, gas column operated seat height movement and back height adjustment.

There are 2 levers on the chair located below the seat, on the right hand side (seated position).

1. The front lever on the right hand side of the chair operates the gas lift to enable the user to adjust the seat height. Lifting the lever allows the chair to move down. To raise the seat, lift the lever while simultaneously taking weight off the chair seat. The sitting position can then be fixed by simply returning the lever to its start position.

   Ideally the feet will rest comfortably on the floor and the thighs will be horizontal. However, the height of the desk and keyboard position will determine the best seat height.

2. The back lever activates the back tilt. Lifting the lever upwards releases the back allowing it to tilt forwards and backwards. The back can be locked into position by returning the lever to its starting point.

   The exact position of the back is a matter of personal preference, but it is important to maintain good back support and posture. It is possible to leave the back 'floating' (ie not locked in position) for general office use.

3. The handwheel located at the bottom of the back on the left hand side is used to release the back and adjust the height. Unscrew the wheel anti-clockwise, push the back down or pull it up to the desired position and retighten the handwheel (do not overtighten).

   It is important that the back should provide good support and posture for the user.

4. The chair is designed to accommodate users weighing up to 120kg.

5. All chairs are built to comply with and have passed BSEN1335-1:2000, and BSEN1335:2009 Parts 2, 3, & 4.

Where Height Adjustable Arms are fitted to the above chair, these can be adjusted to suit individual preferences by raising the pull lever located underneath the arm pad on the support bracket and lifting the arm and then releasing the lever at the desired fixed stop. The arms can be lowered following the same procedure.